

TOSS A SALAD WITH BARBECUED

MUSHROOMS (page 14)

YOU'RE SUCH A FLURT
'PEGGERS INVENT THE
VIRTUAL FLIRTING APP

{page 6}

CHECKED IN

MATTHEW PERRY HEADS TO REHAB

DISH (page 11)

WINNIPEG ET CHIEF

Monday, May 16, 2011 www.metronews.ca



News worth sharing.

Flood estimate: \$200M

Premier gives rough calculation but says final costs won't be known until water levels drop ▶ Highway 75 to reopen tomorrow, province says ▶ Army shoring up 17 spots along Assiniboine River where dikes are weak



Premier Greg Selinger told media yesterday he believes the flood will cost Manitobans \$200 million to fight — and that's not including promised compensation for home and cottage owners

Selinger told CTV reporters yesterday morning the figure was his best guestimate, but it could fluctuate. Unfortunately, a better figure won't be forthcoming until water levels start to come down, which is expected to take weeks, if not months.

"When that's all said and done, we'll have a good idea of what the cost will be."

The province deliberately breached the dike at Hoop and Holler Bend in the RM of Portage la Prairie Saturday and water has been seeping across fields. As of yesterday afternoon, water had travelled about three kilometres and was surrounding diked homes. Dikes around homes appear to be holding.

Residents near Portage la Prairie watched as the water came yesterday — a small blue

Unusual flood facts

- ➤ The provincial and federal governments have put helicopters normally used for fighting fires to work holding back water. They're being employed as sandbag deliverers instead of water bombers.
- This is the second time a federal election was called during a flood event that required evacuations. During the 1997 Red River "Flood of the Century," then-prime minister Jean Chrétien called a snap election.
- When a Metro Winnipeg reporter stumbled onto a site in Winnipeg where sandbags are being

ribbon on the horizon at first, slowly oozing across the flat Prairie landscape, creeping toward their homes and farmland.

"It's like in a scary movie when they play that suspension (music) and you know something's coming but you don't know what it is," Shea Doherty said on his family's

- produced by the province, workers there begged him not to publish their location for fear of being overwhelmed by sandbag requests from local residents.
- Premier Greg Selinger addressed the province on TV to attempt to allay fears and to reassure Manitobans about to be flooded that they are not alone. This hasn't happened since 1979 — the last major Assiniboine River flood. For the record, it didn't really work.
- A faulty gauge on one of the river's tributaries meant higher water than expected but some municipalities, like the RM of Woodlands, have been sandbagging since February.

farm just south of the Hoop and Holler bend.

From the edge of Doherty's property, a wide line of water was visible in the distance yesterday morning.

The water was likely to be lapping at the edges of his property by early today, he said, but no one had given him an official estimate.





LASIK FACT

LASIK has more than 20 years of proven results.

Forget the myths... get the facts! Visit www.lasikmd.com/facts







Bad beef led to boy's permanent disability: CFS

A young permanent ward of Child and Family Services became so ill after eating contaminated, store-bought meat he is now permanently disabled, lives in severe pain and needed a kidney transplant.

Or so alleges the government agency, which has taken the unusual step of suing grocery giant Westfair Foods Ltd., which owns The Real Canadian Superstore, and an Alberta meatpacking plant for cash damages. CFS claims they should be held financially responsible for the boy's

Superstore sold beef prepared by XL Foods that was

contaminated with E. coli that the boy's mother bought, prepared and fed to him and others in her family, the department alleges.

CFS believes the tainted was sold at a McPhillips Street store in 2004, but was never subject to a public warning or a recall, according to the law-

The developmentally delayed boy will never be able to care for himself, the claim states.

CFS will argue the two companies should be made to pay for cost of the child's health care and future loss of income. An amount was not specified.

The lawsuit contains allegations that have not been proven in court. Neither company has filed a statement of defence.

Darlene McDonald, executive director of Winnipeg CFS, has signalled she will act on the boy's behalf as the case progresses through the courts. • JAMES TURNER

Man missing after Assiniboine joyride

Ocity's first-ever impaired-boating death charge laid



Police divers have yet to recover a body, but officers moved quickly to lay a charge of impaired boating causing death after a boat capsized on the swollen Assiniboine River this weekend.

A 37-year-old man remained missing and is presumed drowned as police divers watch river conditions to see when they will be able to search for him.

Flood conditions on both the Red and Assiniboine rivers are hampering efforts, Sgt. Rob Riffel of the Winnipeg police dive team

"The volume of water makes it too dangerous to, A, put a boat in the water and, B, put a diver in the water," Riffel said.

Johnny Roy Petriew, 35, and the man presumed drowned were joyriding on the Assiniboine near The Forks in a small aluminum boat Saturday evening when it capsized, said po-

Petriew managed to climb out of the water onto some driftwood and was rescued, but the other man

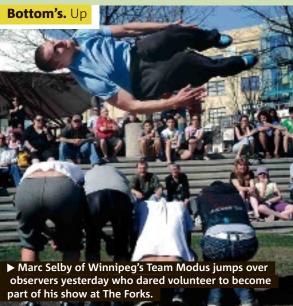
went under.

Currently, anyone other than emergency crews are prohibited from being on the water, Riffel said.

Police said they would initially warn boaters to stay off the water if caught, but scofflaws could face \$300 fines under the Canada Shipping Act if spotted on the rivers again.

Police are asking anyone who may have seen Saturday's incident to contact them.

Petriew was held in custody and is also charged with refusing to give a breath samples.



Gravity-defying jump

Marc Selby and his brother, Tom, have become licensed buskers, meaning they can be seen performing in various spots over the next few months.

Guess Who producer dies

Jack Richardson, an influential Canadian producer best-known for helming the Guess Who's biggest hits, has died. He was 81.

Guess Who frontman Burton Cummings posted the sad news on his website

"He was a great friend ... bright, talented and funny. He taught me infinite amounts about producing and arranging," Cummings wrote.

Born in Toronto on July 23, 1929, Richardson got his first taste of the music business playing doublebass in local orchestras in the 1940s.

In 1968, he co-founded Nimbus 9 Productions with three partners he had worked with in advertising. THE CANADIAN PRESS

News in brief

Police identify deceased woman

HOME. Winnipeg police have identified a woman found dead in her Fort Garry home Saturday.

Officers said Gina Swanson, 33, was found in her Edderton Avenue home

just before noon on Saturday. Anyone with information is asked to call the homicide unit at 986-6508.

The homicide unit is investigating, although police have not confirmed that Swanson was murdered.

ELISHA DACEY

Elderly man badly beaten

CARRIER. A 70-year-old

man is in unstable condition after being viciously beaten Saturday morning. Raymond Desrochers, identified by the Winnipeg Free Press as one of their carriers, was found unconscious on Bannerman Avenue around 8 a.m.

Desrochers was taken to the Health Sciences Centre in critical condition. He was upgraded to unstable later in the day. elisha dacey





final months of man stranded

On the web at metronews.ca



Guidy Mamann on the impact of the Conservatives' major overhaul of Canada's humanitarian policy. More at metronews.ca/ immigration



Follow us on Twitter @metrowinnipeg







Police find crack cocaine at home on Royal

◆ At least eight police cars and dozens of officers at scene ◆ Drug's street value estimated at \$3,000



A 22-year-old man is facing drug-related charges after a police raid at a suspected drug house in West Kildonan.

Crack cocaine, cash and packaging materials were seized during the Saturday afternoon raid on Royal Avenue, Const. Natalie Aitken said.

The suspect was released on a promise to appear in court at a later date. Police didn't identify him.





Rising to the challenge

Synchro Swim Manitoba hosted 208 athletes in 17 clubs in what's known as 2011's MASY synchronized-swimming challenge at the Pan-Am Pool.

Pizza worker badly beaten during robbery

A 54-year-old man is in critical condition after what appears to be a pizza roberry gone wrong.

Winnipeg police said yesterday they responded to a pizza business on Concordia Avenue after it was reported the place had been robbed. When officers arrived, they discovered the employee, badly beaten.

Paramedics transported the man to hospital in critical condition where he remains.

Police are looking for two male suspects. Anyone with information is asked to call the Major Crimes Unit at 986-7983 or CrimeStoppers at 786-TIPS. © ELISHA DACEY

Weight Loss Simplified!

Look and feel your best! Whatever your weight loss goal, the PROVEN RESULTS Weight Loss Plan by Renew Life will get you there, once and for all.

Burn Fat • Balance Blood Sugar • Increase Lean Muscle Mass • Enhance Elimination

PROVEN RESULTS WEIGHT LOSS PLAN

Day 1 to 14

Take DietSTART daily as directed. This 14 day kit will help your body to burn fat and release excess water and waste. You can lose 2-10 lbs in 2 weeks!

Day 15 to GOAL

After completing DietSTART, switch to SIMPLY TRIM until you reach your desired weight. Just two capsules of SIMPLY TRIM a day will turn your body into a natural fat burning machine, helping you lose weight and reshape your body.



Visit in-store for your free copy of the "Proven Weight Loss Results" booklet

Accelerated Weight Loss

To take your weight loss results to the next level, replace one meal per day with a FitSMART Shake. Each shake provides 20 grams of protein, 10 grams of fibre and loads of nutrition. FitSMART Shakes are a simple and satisfying way to lower calories and enhance weight loss results.







RENEW LIFE PRODUCTS ARE AVAILABLE AT YOUR LOCAL HEALTH FOOD STORE

TO FIND A HEALTH FOOD STORE NEAR YOU CALL 1-800-485-0960 EXT 3 OR VISIT WWW.RENEWLIFE.CA

Receive \$2.00 OFF

your purchase of ANY* Renew Life Product

has Bullian Blacca (36 Carolis Bas, will assistance the fair when if this coup on on the preclaims of the product products of the productions are constructions. Break Applications for indistructions the same details in contact the same apply day, as indistruct before, will get be accepted. In later to each in, we expect the safficient stank was produced for production State of the production State and the production State and the production State and the production State and the production of the production State and the production State and the production of the today's metres
for the icons
below and
enter for
your chance
to WIN.





Grocery Stores



Drug Stores



Recurring Bill Payments

metronews.ca/momentum

YOU COULD

\$10,000 \$10,000 cash

and one of 5 weekly cash prizes of \$2,000



Courtesy of Scotia Momentum® VISA* Card†

You're richer than you think.



- ◆ No purchase necessary. Enter daily for more chances to win. Contest open to Canadian residents of legal age. Contest closes June 19, 2011 at 12pm. Odds of winning depend on number of entries received. For full contest rules and details, visit www.metronews.ca/momentum.
- † You will earn 2% cash back on the first \$25,000 you spend annually at merchants classified by VISA as Grocery Stores & Supermarkets, Drug Stores & Pharmacies, Service Stations, Automated Fuel Dispensers and Recurring Payments (Merchant Codes: 5912, 5411,5541 & 5542). Sometimes there are separate merchants located on the premises of these merchants but are classified by VISA in another manner, in which case this added benefit will not apply. Recurring payments are defined as payments made on a monthly or regular basis automatically billed by a merchant. Earn 1% cash back on purchases made after you have reached the 2% \$25,000 annual max., and on all other purchases. Scotia Momentum cash back is not awarded for cash advances, Scotia® VISA Cheques, credit vouchers, payments, purchase returns, card fees, interest charges or service/transaction charges.
- * VISA Int./Lic. user The Bank of Nova Scotia. ™ Trademark of Visa Int./Lic. user The Bank of Nova Scotia. ® Registered trademarks of The Bank of Nova Scotia.

LOCAL DUO FLURT WITH MATCHMAKING

URBAN COMPASS

LARA SCHROEDER

METRO WINNIPEG

Two young Winnipeggers have developed a smartphone app called Flurt that allows users to anonymously send messages to others using the app. The developers are hoping it will become the big social networking device for interactions between people who don't already know each other.

You know that girl with the

didn't manage to catch the

amazing smile whose eye you

other day? There's an app for

Sites like Twitter and Facebook are "about the people you know. It's not really about the people you don't know," said Jeff Friesen, 23, who developed Flurt (www.flurt.me) with Varun Mehra, 25. "We thought it would be cool to make it sort of anonymous."

that.

Those using the location-aware app, which is available to iPhone and An-

"Those using the location-aware app ... can punch in the hair colour and gender of the person with whom they would like to flirt, and get images of people who meet the description and are using the app within 150 metres."

available to iPhone and Android users for free, can punch in the hair colour and gender of the person with whom they would like to flirt, and get images of people who meet the description and are using the app within 150 metres. A Flurt can then be sent directly to that person.

The app has been billed as "the digital version of passing notes during class or approaching someone at a bar" by Tipping Canoe, the Winnipeg technology incubator where Friesen and Mehra work. It has the added bonus of being completely anonymous — rather than facing potential public embarrassment if a Flurt is rejected,

users are likely to be ignored by uninterested targets.

And Flurts can easily be sent out in a café, on a bus, or while walking down the street — places where it can be hard to approach a stranger.

Sample Flurts on the app's website include "@blonde-HairedGirl You're sitting at the bar counter with grey hoodie. Love your glasses:)" and "@brownHairedBoy nice leather jacket."

So does Flurting — which carries a limit of 240 characters, a little more than Twitter's 140 but not enough for a Shakespearian-style love sonnet — work?

Friesen has sent out a few Flurts and sees a few every day in his area, he said.

"It's catching on a little bit," he said, with more than 2,000 Flurts sent so far.

While the app is free, the folks at Tipping Canoe are hoping it will take off and start bringing in revenue.

"It would be cool if it came to, like, rival with Twitter," Friesen said.

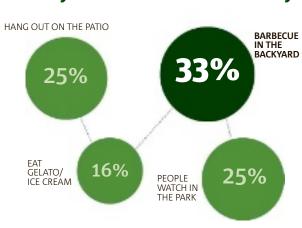
"If it gets big enough, we might be adding some premium features."

Contact Lara Schroeder at laraschroeder@ymail.com



Register at metrolifepanel.ca and take the quick poll

What's your favourite summer activity?



Local tweets



▶ @sdreger85: Dancing Gabe throwing the first pitch at

the Goldeyes game and "Jump" playing in the background ... Doesn't get more #Winnipeg than that @christinatania: I love people watching and having small talk with retired

people who dress in their

Sunday best. It's a beauti-

- ful day in Winnipeg, finally!
 @New_Earth_Mud: People mowing their yards while I'm hungover in #winnipeg
- is annoying.

 Qpipingloud: Off to Win-

- nipeg! I can't believe I'm using exclamation points!
- @tuckergir: just saw my first mosquito of the year ... while i was in the bathtub. gonna be another crappy mosquito summer in #winnipeg
- @cyranizzy: Hello
 winnipeg! Wasn't looking
 fwd to the showers, but I
 am looking fwd to ur
 women, and perhaps
 showering them w/ a few
 liguid compliments
- ▶ @ikcotol: It's going to be hilarious when the Thrashers move to Winnipeg and end up being ridiculously successful.

Worth mentioning

MONTREAL. Didn't get around to dusting this weekend? Don't worry. It turns out dust might actually hold some benefits for you.

The perennial household nuisance actually purifies the air by neutralizing ozone that can harm our lungs.

Dust can do this because one of its major components is human skin — which contains the ozone-eliminating component squalene.

Humans constantly shed their skin, losing up to 500 million cells per day. At that rate, according to Charles Weschler, who helped author a study whose results were announced last week by the American Chemical Society, it would take a person two to four weeks to turn over all of the skin cells on their body.

It's these skin flakes that clean the air. Their squalene helps neutralize ozone.

Most people might think of ozone as a good thing — and it is, when it's up high in the atmosphere and protecting us from ultraviolet radiation. But when it's down here, closer to us in the air that we breathe, it's a pollutant.

THE CANADIAN PRESS

Cartoon by Michael de Adder

PARLIAMENT WILL LOOK VERY DIFFERENT:

WEIRD NEWS

When you gotta go, you gotta go

A dog that wasn't quite housebroken may have indirectly been responsible for a bomb scare at a New York courthouse.

The trouble began Friday when 19-year-old Melvin Ruffin arrived at a court complex in Central Islip, N.Y., following a long bus ride from his home in Bellport.

During the trip, another passenger's chihuahua urinated on his backpack.

So he stashed the wet bag in some bushes while he went inside to answer a disorderly conduct citation.

But a retired police officer saw the bag and alerted security.

The bomb squad was ultimately called in. Officers used a robot to de-

termine the bag didn't contain anything harmful.
Ruffin tells Newsday that authorities let him off with a warning to be more careful next time

about where he left his stuff.

THE ASSOCIATED PRESS



METRO WINNIPEG • 161 Portage Ave E • Suite 200 • Winnipeg MB • R3B 2L6 • T: 204-943-9300 • Fax: 888-846-0894 • Advertising: 204-890-8397 • adinfowinnipeg@metronews.ca • Distribution: winnipeg_distribution@metronews.ca • Publisher Steve Shrout, Managing Editor Elisha Dacey, Sales Manager Dave Kruse, Distribution Manager Rod Chivers • METRO CANADA: President & Publisher Bill McDonald, Editor-in-Chief Charlotte Empey, National Deputy Editor Fernando Carneiro, Scene/Life Editor Dean Lisk, Managing Editor, News and

metronews.ca
Monday, May 16, 2011

SECOND ATTEMPT

Last launch for shuttle Endeavour

With wounded U.S. Rep. Gabrielle Giffords on hand to watch, the space shuttle Endeavour is poised to give the work week a roaring and historic start this morning, overcoming wiring problems that grounded it last month.

Giffords' arrival yester-

day afternoon included a quick fly-by of Endeavour on the launch pad.

"Gabrielle is excited for the launch. Do you plan to see history in the making?" her staff tweeted

NASA officials said conditions, from weather to technical issues, couldn't look much better for the scheduled 8:56 a.m. launch today.

NASA is expecting smaller crowds — 400,000 people instead of 750,000 people — for the second attempt.

THE ASSOCIATED PRESS

Floodgates breached

Authorities are warning people to get out of low-ly-ing areas as water gushing from a floodgate for the first time in four decades creeps closer to communities in Louisiana.

Most residents heeded the warnings yesterday.

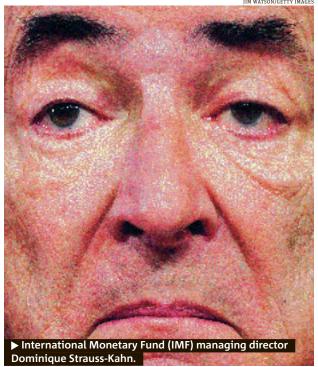
THE ASSOCIATED PRESS

Four soldiers hurt in crash

Four Canadian soldiers were injured, one of them seriously, when a Chinook helicopter crashed on landing under moonlight in a remote part of Panjwaii district in southern Afghanistan early this morning local time.

THE ASSOCIATED PRESS

'The great seducer' or the great assaulter?



▶ IMF chief arrested less than four hours after alleged assault

Dominique Strauss-Kahn's nickname was "the great seducer." Not even an affair with a subordinate could knock the International Monetary Fund leader off a political path headed for the French presidency.

All that changed with charges he sexually assaulted a maid in his hotel room, a case that generated shock and revulsion, especially in his home country.

The 32-year-old maid told authorities when she entered his suite Saturday afternoon, she thought it was unoccupied. Instead, Strauss-Kahn emerged from the bathroom naked, chased her down a hallway and pulled her into a room,



07

where he forced her to perform oral sex on him and tried to remove her underwear authorities said.

"He denies all the charges against him," said Benjamin Brafman, his lawyer.

Unless the charges are dropped, they could destroy his chances in a presidential race that is just starting to heat up.

THE ASSOCIATED PRESS



Green light for PlayStation Network



♠ Among the 100 million user accounts, Sony says about 92 million can access limited network service

Sony began restoring its PlayStation Network service yesterday after shutting it down almost a month ago because of a massive security breach that affected more than 100 million online accounts.

Restored operations are limited mainly to online gaming, chat and music streaming services. Sony said it aimed to fully restore the PlayStation Network by the end of the month.

Sony also began a

phased restoration of its Qriocity movie and music services, which share the PlayStation Network's server.

Kazuo Hirai, chief of Sony's PlayStation video game unit, said the company has enhanced security measures to protect customers' personal data, and added that Sony had not received any reports of the stolen information being used illegally.

The probe into the hacker attack is ongoing. THE ASSOCIATED PRESS

Playing havoc

- Sony Corp.'s PlayStation
 Network is a system that
 links gamers in live play.
 Sony shut it down on April
 20 after discovering it had
 been hacked and
 customers' personal data
 compromised.
- Since the shutdown, Sony's share price has dropped nearly nine per cent to close at 2,241 yen (\$27) on Friday.

Keep TMX Canadian, rival bidders say

A group of four big banks and five pension funds has submitted a \$3.6-billion rival bid for TMX Group — operator of the Toronto stock exchange — in the hope of derailing a merger with the London stock exchange.

The companies, who call themselves Maple Group Acquisition Corp., say their bid will enable TMX Group to achieve the scale and efficiency it needs to succeed in an increasingly competitive marketplace, while preserving Canadian governance, decision-making and regulatory oversight.

Maple's investors include: Alberta Investment Management Corporation, Caisse de depot et placement du Quebec, Canada Pension Plan Investment Board, CIBC World Markets, Fonds de solidarite des travailleurs du Quebec, National Bank Financial, Ontario Teachers' Pension Plan Board, Scotia Capital and TD Securities.

THE CANADIAN PRESS



Visit metronews.ca/momentum and tell us the page you found this on for your chance to WIN \$10,000 in cash and one of 5 weekly cash prizes of \$2,000.

You're richer than you think.



 ${}^{\texttt{@}}\textsc{Registered}$ trademarks of The Bank of Nova Scotia. ${}^{\dagger}\textsc{Refer}$ to our ad in this paper.

No more oil until war over: Libyan producer

Libya's largest petroleum company will not produce oil until the war ends, and that probably holds good for producers across the country, a spokesman said yesterday.

Abdeljalil Mohamed Mayuf, information director of Arab Gulf Oil Co. — responsible for more than one-quarter of Libya's former production of 1.6 million barrels a day — said the company feared further attacks by ruler Moammar Gadhafi's forces.

The decision came after rocket attacks on April 4 badly damaged a pumping station and production facilities at southeast Messla. A pumping station on the pipeline to Tobruk port also came under attack.

"We cannot put an army around each field," Mayuf said, adding that resuming production "depends on this military operation and when Gadhafi leaves."

Libya's three-month revolt against Gadhafi has caused oil prices to soar.

THE ASSOCIATED PRESS

Macau gambles on diversifying economy

The Galaxy Macau, a multibillion-dollar casino resort complex, opened yesterday as Macau seeks to draw a broader mix of visitors than the high-rolling mainland Chinese who have helped the city become the world's most lucrative gambling market.

The launch of Macau's

The launch of Macau's 34th casino comes as the city seeks to diversify its economy away from gambling after years of soaring growth that helped it overtake Las Vegas as the world's top casino market.

Macau's economy has

boomed since a four-decade casino monopoly was broken in 2002, opening the way for U.S. and Australian operators to enter the market with local partners. Monthly casino revenues so far in 2011 have grown by at least 33 per cent, after surging by more than half last year to \$23.5 billion.

The former Portuguese colony, once considered seedy and corrupt, now aims to develop cultural attractions that can draw more middle-class families who will stay longer.

THE ASSOCIATED PRESS

Another Galaxy

- ➤ The \$1.9-billion complex, owned by Galaxy Entertainment Group, has 450 gambling tables and space for up to 1,500 slot machines.
- It also boasts a 40,000square-foot wave pool and an artificial beach built with 350 tons of white sand. Guests can stay at three hotels with a total of 2,200 rooms.
- The Galaxy Macau is the only casino scheduled to open in the city this year.





comwave HOME PHONE LINE

UNLIMITED WORLDWIDE CALLING INCLUDING INDIA & 50+ COUNTRIES

Limited Time Offer

\$2995

You're going to love the quality!

Unlimited Calling to India & 50+ Countries





- Voice Mail
- Call Waiting
- Caller ID
- Call Forwarding
- 3 Way Calling
- and much more...



Satisfaction Guaranteed!

6 MONTHS FREE



1-866-210-0444

www.comwave.ca

While Comwave strives for accuracy in our advertising. Comwave reserves the right to correct any error in pricing or information at any time. HOME PHONE UNES: VolP 911 has certain limitations versus traditional 911. The 6 Month Free Promotion and the rate of \$29.95 is based on a 3YR term. You have a 30-Day Satisfaction Guaranteed period. If you are not 100% completely satisfied, you may terminate the service anytime within 30 days with no further obligation. You will receive 6 months free service if you transfer your phone number from your existing provider to Comwave in the first 30 days. Terms and conditions apply, see www.

scene

Box office



Thor nailed down the No. 1 spot at the box office again. Paramount's 3-D superhero film starring Chris Hemsworth as Marvel's hammertoting god of thunder earned US\$34.5 million in its second weekend, according to studio estimates yesterday. That brings the total haul of Thor to \$119.2 million, though not quite as impressive as fellow comic book hero Iron Man 2, which earned \$211.2 million by its second weekend the same time last year. Universal's Bridesmaids, the raunchy comedy starring Kristen Wiig as a down-on-herluck maid of honour, debuted above expectations in second place with \$24.4 million.



THE ASSOCIATED PRESS

Is Okkervil primed for the mainstream?

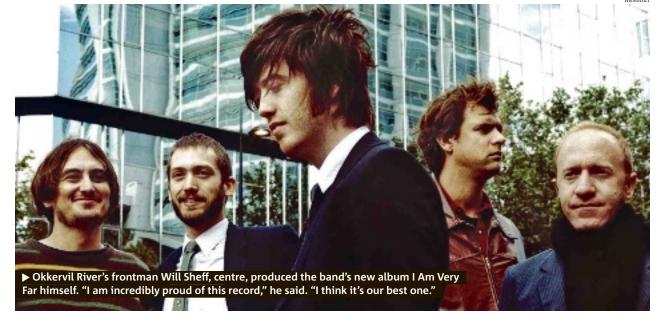
Despite positive press, band's singer-songwriter is not sure commercial breakthrough lies ahead

Okkervil River has made its name on literate, orchestral indie-rock, a creative concoction that has proven to be extremely successful for other bands over the past year.

However, as they've watched their peers sky-rocket to the top of the charts, the cerebral Texas outfit has yet to find a large audience, and the band's singer-songwriter Will Sheff says he's not necessarily expecting a commercial breakthrough with the group's newly released sixth record, I Am Very Far.

"This is something people say all the time," Sheff, 34, said in a telephone interview. "As we went through our almost 15 years of being a band, we would watch bands like the Decemberists and the Arcade Fire kind of be this tiny little band ... that would suddenly be five billion times bigger than us months later.

"At first, it was really frustrating because we felt like we had been doing our thing that we do for a really, really long time. And what got frustrating was people who hadn't heard of us (who) thought we were influenced by these bands that had half the lifespan of us or whatever



"But at the same time, I never really wanted to be a mega-huge stadium rock star. I've really realized that the amount of constraint that you have to be under when you're trying to be successful, it's frustrating. You really have to stress about the perception of every last little thing you do. ... I didn't get into the music business to feel career pressure.

"I (like) the manoeuvrability that we have, where I basically get to do whatever ... I want, and if I want to make a record (of) throat

11 tracks on I

The 11 tracks on I Am Very Far achieve a grandiosity that was the result of ambitious studio sessions that occasionally featured two guitarists, two pianists, two drummers and seven guitarists playing simultaneously.

singing and nobody buys it, I don't have to feel bad."

And yet, for all Sheff's hard-earned sovereignty,

plenty of observers seem to think I Am Very Far might propel his band to new commercial heights anyway. The Guardian's fourstar review asserted that Sheff and co. "seem intent on following the Arcade Fire route to mass accessibility," while the BBC called the band "Wilco waiting to happen" — before arguing that I Am Very Far would signal the band's arrival.

Sheff admits to having absorbed some of that positive press, and doesn't deny the subsequent relief that washed over him.

"It makes me really happy," he said. "When I was making this record, I was really aware that ... if you really loved (the band's previous albums) The Stage Names and The Stand Ins, that you might not like this record or it might not give you the exact same thing that you wanted.

"And I was aware that might make certain people disgruntled or something like that, so it was nice to see that people were responding to the record."

THE CANADIAN PRESS

Big shoes (and shirts) to fill for Kutcher



There's a new man on the scene at Two and a Half Men. But is Ashton Kutcher man enough?

With Friday's announcement that Kutcher will be replacing Charlie Sheen, viewers could begin to wonder how he will be plugged into the hit sitcom's tight little world.

Can his particular appeal fill the void of the caustically droll Sheen? And just who the heck will his character be?

Neither CBS nor Chuck Lorre, the series' creator, were giving any hints as they confirmed the deal to bring Kutcher into a show where Sheen's character was the comic centre, portraying an advertising jingle writer with a playboy lifestyle and an overwrought brother. Kutcher, who first found sitcom stardom more than a decade ago on That '70s Show, specializes in puppy dog wholesomeness and laidback, goofy sexiness. He's perhaps the anti-Sheen.

"We are so lucky to have someone as talented, joyful and just plain remarkable as Ashton joining our family," said Lorre, also the show's executive producer.

"If I was any happier, it'd be illegal."

"I can't replace Charlie Sheen," said Kutcher, adding that he plans to work hard "to entertain the hell out of people."

Perspective

Brad Adgate, an analyst for the firm Horizon Media, gave his thoughts on Ashton Kutcher replacing Charlie Sheen on Two and a Half Men.

- "He's not a star, I don't think, the way Charlie Sheen is," Adgate said.
- "(But) it's a hit show and it's something worth trying before you pack it in," he said. "You just never know."

metr@dish metronews.ca **MONDAY, MAY 16, 2011**

No longer Gaga Paris might be off Lilo's Christmas over her man

• Luc Carl joined pop star on tour, but stress of the road and Gaga's busy schedule were too much for the couple

After almost a year of dating, Lady Gaga and boyfriend Luc Carl have called it quits, she discloses to Graham Norton.

'No, I don't have a boyfriend and haven't been on any dates recently," the singer says during an interview on his BBC talk show.

Though Carl had been accompanying her on her recent tour, the stress of

the road and Gaga's hectic schedule reportedly became too much.

But keeping busy is normal for the pop star: "At a certain point exhaustion becomes a state of being, and mentally I have to be strong and overcome it. It's like a cloud, a fog really, that hovers over me," she recently told V magazine.

"But in a way I will

never escape it, because in truth when I do have to time to rest I end up writing a song, or editing a film or creating a new project for the fans to be involved in.'

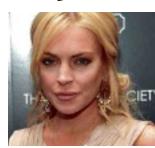
METRO

card list this year

Lindsay Lohan is still miffed over former friend Paris Hilton's dig at her during a promo for Hilton's new reality show.

"Lindsay is really trying to change her life for the better. This proves Paris will never change. She's always going to be mean and spiteful to other women," a source tells Popeater.

"Really, Paris had to make a wisecracks about



Lindsay in a homeless shelter? It just shows how insecure she is." **● METRO**

ning a return trip to rehab, though it's more of a preemptive step than a result of a relapse, according to People magazine. 'I'm making plans to

Friends

star back

in rehab

third time

Friends

Matthew Perry is plan-

for the

go away for a month to focus on my sobriety and to continue my life in recovery," Perry says in a statement to the magazine.

"Please enjoy making fun of me on the World Wide Web.'

Perry has previously been to rehab twice, in 1997 and 2001, and has struggled with prescription medications and alco-





▶ Lady Gaga and Luc Carl dated for almost a year.

Ferrell game for more Anchorman, execs not so much

You're richer than you think.

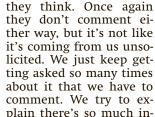
"May is National

Masturbation Month. Not that I need to tell you."

Elizabeth Banks



Popeater.



terest in a sequel, we're not making this up!" METRO

®Registered trademarks of The Bank of Nova Scotia. †Refer to our ad in this paper.



Obama tight | Spears' with Bieber | former

Scotiabank®

U.S. President Barack Obama may make a dream come true for the daughter of one of the Americans killed in the Sept. 11 terrorist attacks.

Payton Wall, 14, has always wanted to meet Justin Bieber. White House officials say the girl met Obama last week.

She mentioned she was a fan of Bieber and the president told her he knows the star and would introduce them.

A senior aide to Obama told ABC News that White House officials contacted Bieber's staff asking if the singer could meet Payton. TMZ reports that Bieber told the White House he will meet the girl. ● METRO

manager wants her to testify

Britney Spears' former manager, Sam Lutfi, wants the singer to take the stand to testify that he was not the main force behind her mental breakdown, but Spears' parents believe she isn't mentally capable of giving a deposition, according to Billboard.

Lutfi, who believes the pop star is capable of speaking for herself, has demanded a psychological exam to prove it.

Celebrity tweets

Today, Joy Behar is marking her calendar. Elizabeth Banks is looking to be entertained, and Conan O'Brien is feeling snubbed.





me. P.S. Congrats to whoever "Will Smith" is."



green-light a sequel to Anchorman, "I don't understand

Pictures'

how they conduct their business," he says. "I don't know

Will Ferrell is completely

flummoxed by Paramount

reluctance to

they think. Once again plain there's so much in-



You need this

Air Hunterz Z-Curve Bow

TimetoPlayMag.com released its Most Wanted toys for spring.
Among the toys is this realistic-looking bow and arrow, which can hit targets at up to 100 feet. The suction cup tips mean no one gets killed.
For ages six and up.

ZING TOYS

\$26.99 Amazon.com



Tips for easing back pain dur



10 things not to say to your recent graduate

◆ After the caps and gowns have been hung up and diplomas have been framed, it's time for grads to find work ◆ As a parent you want to help, but some things are better left unsaid

The playing of Pomp and Circumstance is over. The mortar boards have been thrown in the air. And the diplomas are hung up on the wall.

Your son or daughter is now home and looking for work in his or her field during one of the toughest economic climates in decades. How bad is it, exactly? In the U.S. in 2010, college graduates had a 9.4 per cent jobless rate. Before the recession it was 5.5 per cent.

Many grads have moved back home, and this spring is sure to see another wave of boomerang kids moving out of the dorm for the last time and heading reluctantly back to their old bedrooms.

This is not necessarily because they want to, but because they can't pay rent elsewhere on their own.

As a parent you want to help. But what to say?

It's an emotional time, and nerves may be frayed. You certainly don't want to start doing their laundry again, but you also don't want to provoke a fight.

With that in mind, here are 10 things *not* to say to

a recent college graduate.

- 1 "I'm sure we all need a break from stress, but you need a job before you know what real stress is."
- 2 "Since you are applying for jobs now, you might want to remove those beer pong pictures from your Facebook page."
- 3 "Some time in the military never hurt the old resumé."
- 4 "You may recall that we were not thrilled with your choice of a creative writing degree, but your contention

that we promised to support you until you sell your first novel does reveal a truly creative mind."

- 5 "Remember that I plan to retire in six years, and it's important that you be paying your share of Social Security by then."
- 6 "I don't care what your roommate told you. Not Everyone has a trust fund."
- 7 "I'm sure Tiffany's surgery will help her job prospects, but we are not paying for a nose job."

) clamcase

- 8 "It's too bad you didn't find a nice (man/woman) in college, because you'll never again be around so many eligible people." (On the other hand, asking, 'You're still with him (her)?' might not go over well either.)
- 9 "We forgot to mention we've turned your old room into our scrapbooking centre. How do you feel about sleeping on the couch and putting your stuff in a storage unit?"
- 10 "I heard that they're hiring ... in China."

 THE ASSOCIATED PRESS



51% OFF \$99 for a Clamcase iPad Keyboard Case, Plus a \$25 Voucher Toward Future Clamcase Purchase

BUY TODAY

www.WagJag.com

A perfect-for-spring penne

This dish scores big on flavour, simplicity and speed For even more ease, pick up a ready rotisserie chicken

Spring is all about light fare. So what better way to celebrate than with a Roasted Vegetables and Chicken Penne that is light and rich in nutrients. It is also great due to the simplicity and speed with which its made. To make the prep easier, pick up a rotisserie chicken from the grocery store.

Preparation:

Slice the asparagus diagonally into quarters and

Ingredients:

- 500 g (1 lb) asparagus, trimmed
- 2 sweet greenhouse peppers, seeded
- 30 ml (2 tbsp) olive oil, di-

chop the peppers into bite-size pieces; place in a medium bowl. Add 15 ml (1 tbsp) of the oil, salt and pepper and toss. Spread the veggies on a rimmed baking sheet. Roast in a 220 C (425 F) oven for 7 minutes.

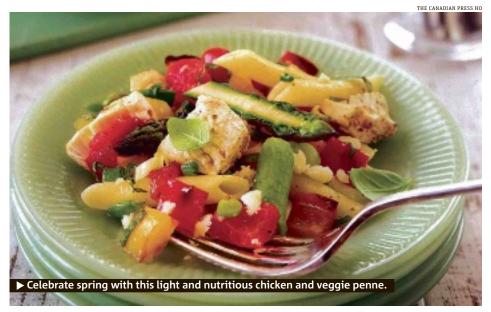
Add tomatoes and shake the baking sheet. Roast all the vegetables for about 8 minutes or until the asparagus is tender-

- 1 ml (1/4 tsp) each salt and pepper
- 375 ml (1 1/2 cups) greenhouse grape tomatoes
- 375 g (12 oz) penne or other short pasta (about 1
- 500 ml (2 cups) cooked chicken

Meanwhile, in a large pot of boiling lightly salted water, cook the penne according to package directions until it is tender. Drain the pasta, reserving 250 ml (1 cup) of the cooking

Return the pot to medium heat. Add the cooked pasta, remaining oil, roasted vegetables, chicken, vinegar and garlic; toss everything to combine, adding

- 30 ml (2 tbsp) red wine vinegar
- 2 cloves garlic, minced 125 ml (1/2 cup) crumbled
- aged white cheddar cheese
- 50 ml (1/4 cup) slivered fresh basil
- 2 green onions, thinly



enough of the pasta water to moisten the dish to desired consistency. Cook the dish, stirring, for 2 minutes or until

the chicken is heated through.

Remove the pot from heat. Stir in cheese, basil and green onions. Serve immediately.

THE CANADIAN PRESS/ FOOD-



Ingredients:

- 1 small iceberg lettuce
- 2 sirloin steaks (each 250 g/8 oz)
- 2 cloves garlic, minced
- 15 ml (1 tbsp) coarsely ground black pepper
- 10 ml (2 tsp) coarse salt
- 30 ml (2 tbsp) olive oil • 30 ml (2 tbsp) balsamic

- 50 ml (1/4 cup) sweet & mild condiment
- 15 ml (1 tbsp) fresh thyme
- 1 small red and yellow onion, each cut into wedges
- 8 large white mushrooms, rinsed and drained of excess dirt and grit
- 125 ml (1/2 cup) crumbled blue cheese

As we swing into grilling

season, these steak lettuce wraps will be a hit for entertaining or as a light yet lunch or dinner.

Preparation:

Remove core from lettuce, leaving head intact, and rinse. Carefully separate leaves, keeping as many leaves whole and intact as possible (8 are required). Place leaves in bowl of cold water and soak for 15

minutes. Remove leaves from water and drain well on paper towel. Refrigerate to keep cool.

Healthy grilling choice

- Season steaks with garlic, black pepper and salt, rubbina seasonina into meat so it adheres. Set aside.
- In a bowl, combine olive oil, balsamic vinegar, condiment, thyme and season to taste with salt and pepper. Set aside.
- In a separate bowl, combine red and yellow onion, mushrooms and drizzle with a quarter of basting sauce mixture. Toss well to coat.
- Preheat grill to high heat 230 to 290 C (450 to 550 F). Grill mushrooms and onions for 10 to 15 minutes, turning occasionally. Transfer to a cool part of grill.
- Grill steaks for 6 minutes per side, basting with sauce. Steaks should be charred with warm pink centre. Remove and let rest.
- Slice mushrooms and onions; thinly slice steaks. Fill lettuce with mushrooms, onions, grilled sirloin steak and blue cheese. Drizzle with basting sauce, roll up lettuce. Repeat. THE CANADIAN PRESS/ MAILLE



A taste of Asia in a warm salad

◆ This grilled mushroom salad is ideal to serve with fish ◆ It also pairs well with any grilled meat

Used in this Grilled Oriental Mushroom Salad are a variety of assorted fresh mushrooms and a zesty Asian-style dressing.

Its zesty dressing makes the salad perfect to serve with grilled meat or fish.

However, it can also be served alone for a healthy lunch.

Preparation:

- 1 In a small saucepan, mix the oil, soy sauce, vinegar, garlic, mustard, onions and ginger root. Set the mixture set aside
- Pile the mushrooms in the centre of a large piece of heavy aluminum foil. Drizzle them with teriyaki sauce. Fold in edges and ends of the aluminum foil to seal well.

- Barbecue mushrooms on high heat for 5 to 6 minutes or until steaming. Heat dressing on barbecue or stovetop just until boiling.
- Divide salad greens evenly among 4 large salad plates. Top with warm mushroom slices and drizzle with hot dressing. Sprinkle sesame seeds on top. Serve immediately.

Tip: Prepare the dressing in a microwaveproof 500-ml (2-cup) bowl or glass measuring cup and heat until it is boiling.
The mushrooms could also be cooked in a 220 C (425 F) oven instead of

THE CANADIAN PRESS/ MUSH-ROOMS CANADA (MUSHROOMS.CA)

on the barbecue.





2% cash back at eligible grocery stores.

Visit metronews.ca/momentum and tell us the page you found this on for your chance to WIN \$10,000 in cash and one of 5 weekly cash prizes of \$2,000.

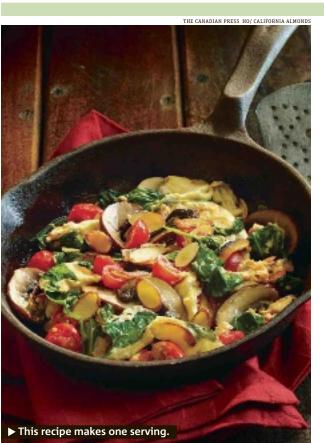
® Registered trademarks of The Bank of Nova Scotia. †Refer to our ad in this paper.

You're richer than you think.



Ingredients:

- 45 ml (3 tbsp) each vegetable oil and soy sauce
- 75 ml (1/3 cup) rice vinegar
- 2 cloves garlic, minced
- 15 ml (1 tbsp) mustard
- 2 green onions, chopped
- 15 ml (1 tbsp) finely minced ginger root
- 500 g (1 lb) sliced assorted mushrooms (white, cremini, portobello, shiitake, oyster)
- 45 ml (3 tbsp) teriyaki sauce
- 4 l (16 cups) mixed greens
- 15 ml (1 tbsp) sesame seeds



These aren't your regular scrambled eggs

• Kick breakfast up a notch by combining simple ingredients & almonds

Rich in nutrients and deliciously satisfying, this Almond Scramble dish uses very simple ingredients to take breakfast to the next level.

Even though it's a breakfast dish, it also makes an ideal weekend brunch or hearty meal for any time of day.

Preparation:

In a dry non-stick skillet over low heat, lightly toast sliced almonds until they are golden brown. Set aside.

- In a bowl, whisk the egg and egg whites together. Season the mix with salt and pepper and set aside.
- In the same skillet over medium heat, heat oil and cook the garlic until it is lightly browned, about 1 minute. Add the mushrooms and spinach and cook until the spinach has wilted, 2 to 3 minutes. Add the tomatoes and cook, stirring, just 1 minute
- Reduce heat and gently pour the eggs into the pan, but do not stir.
 Cook and gently push and lift the eggs with a heat-proof spatula while tilting the pan from one side to the other until eggs are set.
- 5 Spread goat cheese onto the egg mixture with toasted almonds. Slide scramble from the pan to a plate and serve.

THE CANADIAN PRESS/ CALI-FORNIA ALMONDS (ALMOND-BOARD.COM)

Ingredients:

- 15 ml (1 tbsp) sliced almonds, toasted
- aimonas, toast • 1 whole egg
- 2 egg whites
- 15 ml (1 tbsp) canola oil
- 1 garlic clove, minced
- 150 ml (2/3 cup) sliced baby portobello mushrooms
- 250 ml (1 cup) baby spinach leaves
- 125 ml (1/2 cup) cherry tomatoes, halved
- 30 g (1 oz) goat cheese,
- Salt and pepper, to taste

Pure plastic SHAKING OUTTHE RUG

Many sea animals eat plastic, mistaking it for food



Jan van Franeker spends his day examining the stomachs of dead seabirds. He doesn't see many small fish there. Instead he finds plastic — and in large amounts.

"Birds have an average of 0.3 grams of plastic inside their stomachs," van Franeker explains. "That may not sound a lot, but if you translate that into human terms, it's like having a lunch box full of plastic inside your gut."

Franeker, a marine biologist at Holland's Institute for Marine Resources and Ecosystem Studies, specializes in the Northern fulmar, a seabird found in the



North Atlantic.

The fulmars are not alone in eating plastic. Other birds, dolphins and seals encounter plastics in their feeding areas and mistake it for food. Even whales have been discovered with stomachs full of plastic bags. They've been munching plastic since the materibegan littering our

oceans some 50 years ago. Even today, ships off the coasts of developed countries continue to dump their waste into oceans. Every year, 20,000 tons of waste is dumped in the North Sea alone.

Between 1999 and 2008, plastic rubbish in the world's oceans increased by 700 per cent.

I need to buy a rug for my child's bedroom. What's the greenest option? Joey of Montreal

QUEEN OF **GREEN**

LINDSAY COULTER GREEN@METRONEWS.CA



Sourcing a green prod-uct for a small pur-chase like a small rug might not seem like

a big deal, but we spend about 90 per cent of our time indoors.

Materials and chemical treatments that go into making many consumer products have an affect on our indoor air quality.

When it comes to floor coverings, kids are especially at risk because that's where they spend a lot of time. Choose carpets or rugs made from natural fibres like wool.

PFCs pollute our water, are persistent in the environment and can remain in the human body for years.

Avoid chemical treatments. Carpets, for example, are sometimes treated with formaldehyde, something Health Canada sugyou reduce or eliminate from home use as much as possible.

You probably don't realize that formaldehyde is also found in air fresheners, nail polish, bed sheets, kitchen cabinets, furniture — you get the

As it emits fumes, most of the cancer research on formaldehyde focuses on risks from inhalation.

Avoid Stainmaster.

It's a perfluorochemical or PFC, widely-used as a water, grease and stain repellent in carpets and clothes. PFCs pollute our water, are persistent in the environment and can remain in the human body for years. You can also look for a Greenguard certified rug. The Greenguard Environmental Institute certifies products and materials that have low chemical emissions. There are 15 categories to choose from, such as building materials, furniture, and paint.

To design a healthy space; check out Greenguard's product guide at greenguard.org to source everything from countertops to adhesives.





We're all over your city in more ways than one. Metro brings you breaking news and great reviews.



foursquare.com/metronews



@metrowinnipeg

facebook

facebook.com/metrowinnipeg



Face it, your workplace | Life hungry doesn't 'like' the Book

Overusing social media at the office? Someone is watching you



So you thought you could sneak in some Facebook time on the company dime? Woe unto thee.

Workers who reckon they can tweet on the clock are just cuckoo, career coaches warn. Spiteful higher-ups could be watching, and should you waste too much time scrolling through Twitter feeds you could find yourself checking into your apartment, searching for jobs.

"That's the number one thing people don't consider," says Sue Thompson, a work life coach. "Someone is watching you - and they have a right to."



"It all comes down to knowing your organiza-tional culture," Shirin Khamisa, founder of Careers By Design, adds.

Many a manager, she notes, may take a laisseztweet posture toward their employee's time. Others may expect you to keep a clean profile - and use it to relentlessly promote the

company.

And still others, Thompson warns, may have your page history wiretapped and scrutinized as they prepare a case for your dismissal - dishonourably discharged for too much dilly-dallying.

"Your boss may be getting a report each month about how many of their

employees are on the Internet each day," she cautions.

Breaking the Habit

There are no miracle come-down drugs for an Internet fix, Thompson says – "just discipline."

"Look, this is work, and you have to have the discipline to say to yourself, 'I will not check Twitter until I go to lunch and check it on my phone," she says.
But for companies that

do permit Facebook in moderation, the harder task can be limiting the fraction of the workday you squander online.

We all need little midday breaks, Psychology Professor Tim Pychyl notes, and we take them constantly, whether consciously or not. "That's part of our nature," he says.
The trick, he offers, is to

find novel ways of procrastinating: like taking a walk, or calling a friend.

"You acknowledge that break more by picking up the phone and dialing it,' he explains.

"You have to know what energizes you," Khamisa agrees, and it's likely not more screen

• How taking a step back helped this BBQ maverick find a medium between work and what matters



TURNING **POINT**

TERESA KRUZE LIFE@METRONEWS.CA



Six years ago Ted Reader seemed to have it all. "The King of the Q" had built an empire around his

and smokin' personality, writing award-winning cookbooks, starring on television and touring North America. But Ted

was desperately unhappy. "I was on the phone, travelling, and working hard. I was carrying some weight and I was angry and bitter all the time. Reader took stock of his life and realized he had reached a turning point. He downsized his business, went back to his BBQ and started to cook.

Today he's a happy man, husband and the father of two young children. His cookbooks, sauces and spice rubs fly off the supermarket shelves. "I'm living life and I'm having a good time at it. I want to share that with people. I'm working harder today than I ever have but I'm having fun."

This long weekend take two servings of family and friends; add a dash of inspiration and lots of laughter. Head to the BBQ and you'll be cooking up Ted Reader's recipe for success.

The perfect steak

Ted's tips:

- Buy the best quality meat you can afford.
- A two inch steak is perfect. Heat grill to 650+ degrees
- Fahrenheit. Sear one minute each side with the lid open.
- Put other burners on "high" and close the lid.
- 12 minutes for a rare steak Let them rest for five minutes for medium rare.

GRAPHIC DESIGNER

Reporting to the Publisher, Metro Winnipeg the right candidate will join Metro's dynamic and award winning Creative Services team. We're looking for an eager Graphic Designer whose portfolio and experience reflects that of print, online and mobile graphic design and who possesses a successful track record of the professional delivery of deadline driven projects in an extremely fast paced environment. The ideal candidate will also possess a good knowledge of print design and production, specifically for newspaper and magazine print advertising, and will have the skill set of an online graphic designer using web based media.

- Development of creative executions for in-paper retail advertising, online, mobile and print production knowledge
- Quality assurance of design and layout prior to sending to clients
- Professional contact with internal and external clientele

REQUIREMENTS OF THE POSITION:

- 2-3 yrs design experience within a newspaper environment
- Post secondary education in a related field, or equivilent experience
- Skilled in print, online and mobile graphic design and animation, comprehensive and complete software knowledge
- Software proficiency including, QuarkXPress, InDesign, Adobe Acrobat/Distiller, Flash, Photoshop, Illustrator, Image Ready and Dreamweaver
- Proficient on both PC and MAC platforms
- Knowledge in optimizing images for web and mobile (optimal file sizes, file formats etc) while maintaining small file sizes
- Basic understanding of HTML and CSS, ability to prep files for print production
- Expert in file stuffing (.sitx, .sit, .sea, .zip) and FTP experience
- Professional, personable, approachable with great communication skills (both verbal and written)
- Ability to thrive in a deadline driven, creative and dynamic environment with strong a attention to detail (typography, copy, grammar, layout, images, colour etc)
- Ability to thrive under pressure in a fast paced, multi-faceted and deadline driven environment
- Must be a quick problem-solver, who initiates projects and who takes a pro-active/smart approach

IInterested individuals who possess the skills described above are requested to submit their resume and cover letter via email to https://www.ca.no later than May 20, 2011. PLEASE QUOTE: "Graphic Designer -Winnipeg" in the subject line. All submissions will be treated as confidential.





Canucks salvage a win in third

Henrik Sedin and Kevin Bieksa scored goals 79 seconds apart in the third period as the Vancouver Canucks battled back to defeat the San Jose Sharks 3-2 yesterday in the opening game of the NHL's Western Conference final.

The quick goals pumped some energy into a game that had lacked excitement.

Maxim Lapierre had the other Vancouver goal.

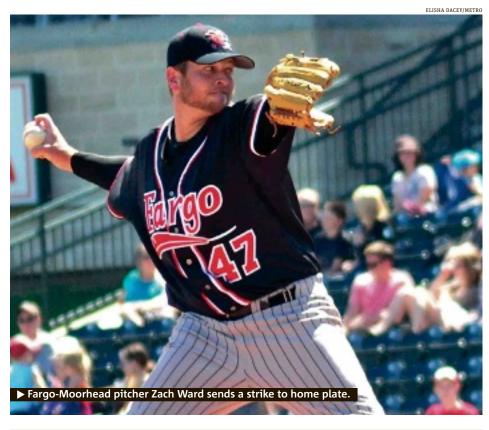
Joe Thornton, with a goal and an assist, and Patrick Marleau, on the power play, scored for San Jose. The Sharks led 2-1 after 40 minutes.

Sedin put Vancouver ahead 3-2 on a power play at 8:21 of the third after Dany Heatley was called for elbowing. The Canuck captain took a pass from defenceman Christian Ehrhoff and flipped a backhand past Shark goaltender Antti Niemi for just his second goal of the playoffs.

Game 2 will be in Vancouver on Wednesday. The series moves to San Jose for games Friday and Sunday. THE CANADIAN PRESS

goal with brother Daniel last night.

Fish put the hooks in RedHawks early



• Goldeves build 2-0 lead in first inning and never look back

Following a thrilling walkoff single to win the second of a Saturday night doubleheader against the Fargo-Moorhead Red-Hawks, the Winnipeg Goldeyes got to work early yesterday afternoon to wrap up the four-game series, winning 5-2.

Three singles from the first four batters led to a guick Jonathan Wyatt score from second, before a Luis Alen double scored Wilmer Pino. The Goldeyes led 2-0 after the first.

The RedHawks countered with a solo smash in the second from Jesse Hoorelbeke, but couldn't score on Fish starter Chris Salamida again until the fifth. Salamida finished his five-inning day giving up two runs on five hits. He struck out six and walked no one.

The Goldeyes scored twice more in the third when the DH Alen doubled again on a 2-2 pitch that brought in Brian Myrow and Victor Ferrante.

Alen, who was named player of the game, finished his afternoon 2-for-4 with three RBIs and is now batting .231 on the year.

Winnipeg split its Saturday doubleheader that stemmed from a postponed Friday nighter. The RedHawks won the first seven-inning contest 5-3, while Winnipeg took the second 3-2.

The Goldeyes will now head out on an 11-day, 11game North Division road trip, returning May 27.

DARRIN BAUMING

Suns president reveals he's gay

Phoenix Suns president and CEO Rick Welts revealed to the public that he is gay in a story posted on the New York Times' website yesterday, saying he wants to break down one of the last significant social barriers in sports.

Welts' declaration is the latest development on a subject that has gained attention in the sports world recently, after Lakers star Kobe Bryant's use of a gay slur on the basketball court and NHL player Sean Avery's public support of

"This is one of the last industries where the subject is off limits." RICK WELTS

same-sex marriage. Welts talked to NBA commissioner David Stern, WNBA president Val Ackerman, Hall of Famer Bill Russell and Suns guard Steve Nash before discussing his sexual orientation.

THE ASSOCIATED PRESS

Sports in brief

Choi takes Players crown in playoff

GOLF. K.J. Choi made his first PGA Tour playoff experience a memorable one yesterday. He made par on the island-green 17th to win

The Players Championship for his first tour win in three years. THE ASSOCIATED PRESS

Finns win **IIHF** final

HOCKEY. Finland scored five late goals yesterday to beat Sweden 6-1 and claim a second IIHF World Hockey Championship. THE ASSOCIATED PRESS



Quoted



"In the playoffs, it's very valuable for teams to turn the page quickly and to worry about the day that they're in, not about what they have done. whether it's a mistake or whether it's a good thing."

DEFENCEMAN ANDREW FERENCE, AFTER BOSTON LOST GAME 1 OF THE EASTERN CONFERENCE FINAL 5-2 TO THE LIGHTNING SATURDAY NIGHT.

ROCK & ROLL ATTITUDES!

Good Wages, F/T HRS, Start ASAP

No Experience No Problem!

> **Fun Promos. No Sales. Just talking!**

Call Shannon @ 415-7397



Bautista's bat hotter than ever

Jose Bautista hit three homers for the first time in his career yesterday, adding to his major league-leading total and sending the Toronto Blue Jays to an 11-3 victory over the Minnesota Twins and a sweep of their three-game series.

Jose Molina also had three hits for the Jays, who scored in each of the first four innings. Yunel Escobar and Aaron Hill each had a pair of hits for Toronto.

The victory extended Toronto's winning streak to a season-best five games and allowed the Blue Jays (20-20) to get back to the .500 mark for the first time in nearly a month.

Trevor Plouffe doubled and scored twice for Minnesota, which has lost eight straight and 14 of 17 as it heads out for a week-long West Coast road trip.

Bautista, who led the majors with 54 homers last year, continued his recent tear. The right-fielder is hitting .415 with 13 homers and 21 RBIs over the past 19 games, and his 16 home

Jose Bautista is currently ahead of his MLB home run leading pace from last year. He reached 16 homers May 30, 2010, and finished with 54 on the season.



runs this season are just two behind the total of the entire Twins team.

After popping out to third base in the first inning, Bautista hit a solo home run to the second deck of left field off of Twins starter Brian Duensing in the third.

In the fourth, Bautista hit a line drive solo homer just inside the left field line off reliever Kevin Slowey.

In the sixth, his two-run homer to right-centre just cleared the 23-foot high wall and gave Toronto an 11-3 lead. Before hitting into a fielder's choice in the eighth, Bautista had homered four times in five plate appearances going back to Saturday.

Brandon Morrow (2-2) limited the Twins to three runs over five innings to pick up the victory.

THE ASSOCIATED PRESS



2% cash back at eligible gas stations.

Visit metronews.ca/momentum and tell us the page you found this on for your chance to WIN \$10,000 in cash and one of 5 weekly cash prizes of \$2,000.

You're richer than you think.



 $^{\circ}$ Registered trademarks of The Bank of Nova Scotia. † Refer to our ad in this paper.

Boogaard's brain donated to science

Minnesota hockey fans planned a memorial for Derek Boogaard last night to honour the former NHL tough guy who was found dead in his apartment last week, five months after a season-ending concussion that left his family wondering if his career as an enforcer had damaged his brain.

Boogaard's agent and a spokeswoman for the Boston University School of Medicine confirmed yesterday that the family of the 28-year-old forward agreed to donate his brain to researchers who will look for signs of a degenerative disease often found in athletes who sustain repeated hits to the head.

"It's an amazing thing he did and his family did. Hopefully, that'll bring some information," agent Ron Salcer told The Associated Press. "We don't know exactly the impact that the concussions might have played."

Boogaard, who missed the last half of last season with the New York Rangers due to a concussion, was found dead in his Minneapolis apartment Friday. Police said there were no outward signs of trauma; results of an autopsy are expected to take several weeks.

So far, the only indication that Boogaard's death might be related to concussions is the fact that his family signed papers to donate his brain to the BU Center for the Study of Traumatic Encephalopathy. The donation was first reported by the Star Tribune of Minneapolis.

THE ASSOCIATED PRESS

Djokovic beats Nadal to lengthen 2011 streak

Novak Djokovic continued his recent mastery over top-ranked Rafael Nadal with a 6-4, 6-4 win in the Italian Open final yesterday that stretched the Serb's unbeaten start to the year to 37 matches.

The second-ranked Djokovic has beaten Nadal in all four finals they have played this year and defeated the Spaniard for the first time on clay in last week's Madrid Open final.

Djokovic is now the first player to beat Nadal on clay twice in the same year, a feat that comes exactly a week before the French Open starts.

"I definitely am amazed with my playing,"
Djokovic said. "But there's no time to enjoy it — I've got to get ready for Roland Garros."

Djokovic's edge over Nadal could enable him to overtake his rival for the No. 1 ranking the week after the French Open.

"He's doing amazing things. Every match he's very tough mentally and physically," Nadal said.
"I'm doing everything I can. I can't ask myself anymore now. I'm doing very well but one player is doing better than me. I am waiting every week to try solutions, so let's see."

Djokovic's streak this year trails only John McEnroe's 42-0 start in 1984. Overall, Djokovic has won 39 consecutive matches stretching back to Serbia's Davis Cup triumph in December, sixth best in the Open era, seven behind Guillermo Vilas' record set in 1977. THE ASSOCIATED PRESS



3

9

4

3

1 2 3

7 2

4 5

1 6 4

8

3 9 1 8

8 5

5 1

7

5

9

6

8

5

1

4

7

2 5

7 3 2

9 5 4

6

6 1

4 2 3 9 8

3

6 1

2 9

3 6 1

-8

Send a

kisses, online at

metronews.ca/kiss.

Dear Tumbleweed,

FROM CARLOS JUNIOR

too creeped out!

THE DARK SIDE

meant it.

Te amo!

I am a lucky guy to have you back in my life, and I

hope you feel the same

way. I love you and I cherish

each and every moment we

have together. Te estrano,

OMG! Matt you are cute,

funny, adorable and soo

much more! I hope that if

you see this you won't get

What I said that night in

Montreal was true. I was

more asleep than awake

If things don't work now,

maybe they will later. Either

way, I'm so painfully happy

to have gotten to know you

BREAKFAST TELEVISION

posed to hear it, but I

FROM CURLY BRACKET

and you weren't really sup-

You can now post your

kiss, and read even more

5

2

7

Crossword

Across

- 1 Marshland
- 4 Trusty horse
- 9 Easter entree
- 12 "Hail, Caesar!"

12

15

25

31

36

45

48

54

57

46

22

- 13 Individually owned
- apartment
- 14 Exist
- 15 Scary party time
- 17 Allow 18 Summer (Fr.)
- 19 Simoleons
- 21 Angora yarn
- 24 Upper limbs
- 25 Lawyers' org.
- 26 Lingus
- 28 Wait patiently 31 Game played on
- horseback 33 Newcomer to soci-
- ety
- 35 Poi base
- 36 Alabama city 38 Evergreen type
- 40 Greek cross 41 Crumbly earth
- 43 Teen's wall decoration
- 45 Opportunity 47 Tribute in verse
- 48 That woman
- 49 Spice Girl Geri
- 54 Noah's boat
- 55 Bottled water brand
- 56 Storm center 57 Two (Sp.)
- 58 Prognosticators 59 Small barrel
- 1 "Humbug!"

Down

- 2 Eggs 3 Come together
- 4 Nova -

- 5 Rose to great heights 6 Away from WSW 7 Plant swelling
- 8 Philanthropists, e.g. 9 Austrian city impor-
- 10 Neigh-borhood
- 16 Meadow
- 21 Charts
- 23 Distinguishing char-
- acteristics 27 Ump

- tant in the Iron Age
- 11 Christian denom.
- 20 Leave out
- 22 Reed instrument
- 29 Scottish hillside

30 Thy 32 Muscat's country

49

55

58

13

26

16

18

32

41

- 34 Manic-depressive 37 McDonald's logo
 - 39 "The Thinker" and
 - 'The Kiss," e.g. 42 Go
 - 44 Stitch 45 African nation
 - 46 Medal earner 50 Falsehood
 - 51 "A mouse!"
 - 52 Caustic solution
 - 53 Journey segment

F	Α	٨		Gi	Е	М		Т	Ε	Е	Т	П
A	D	D		Α	X.	ŀ		A	Ι	C	A	1
С	н	Ι		F	Ι	N	A	L	F	0	U	R
т	O.	E		F	L	1	Ç	K,	Г			
8	٥	IJ	М		Ε	N	Ε	Г	Т	R	IJ	Ε
			0	L	D		3	Ρ	Н	Τ	N	Χ
Т	A	D	0	O				0	П	B_{i}	I	Т
Ξ	P	0	Ν	Υ	М		D	1	Ε			
Ν	E	10.0	-		- 1	-		$\overline{}$	-			_
11	E	W	3		$ C_1 $	G	n.		E	X.		T.
'n	E	'n	3	Α	G	F.	A.	1	E	X.	Н	I-
L	A	8	9 T	A D	G L	F T	A O	I H	E	K F N	H 0	i-

14

17

40

51

56

59

52

53

30

20

35

44

19

24

34

43

47

28

39

27

38

50

33

42

F	A	٨		G	Ε	M		Т	Ε	Е	Т	Ш
A	D	Ð		Α	Х	ŀ		A	I	Ç.	A	1-
С	н	Ι		F	Ι	N	A	L	F	0	U	В
Т	Q	Ε		F	L.	1	Ç	ĸ				
8	0	U	М		Ε	N	Ε	L	Т	R	IJ	Ε
			0	L	D		3	Ρ	Н	Ι	N	X
T	A	D	O	O				0	П	В	1	Т
Ξ	P	0	Ν	Υ	М		D	1	Ε			
Ν	Ε	W	3		٨	G	٨		E	X	Τ	Т
				Α	6	ŀ	N	ı		ŀ	И	1:-
L	A	8	Т	D.	Ι	Т	С	Н		Ν	0	14
Τ	D	Α,	Н	O		т	E	Е		Τ	N	5
\mathbf{S}	Ŀ	X	E	S	L	0	П	E		Ĥ.	Υ	E

► Friday's answer

Friday's answer

Sudoku

6

9

1

4

How to play

1-9. There is no math

involved. You solve the

Fill in the grid, so that every

row, every column and every

3x3 box contains the digits

puzzle with reasoning and

1

3

4

6

9

3

7

8

8

4

9

2

TODAY

logic.

Min 7°
Max 23°

TUFSDAY Min 10°

A look at the weather

WEDNESDAY Min 4° Max 17° Max 21°

Jenna Khan. **Weather Specialist**

"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." WEEKDAYS 6AM

Today's horoscope

T Aries March 21-April 20 If you need some extra cash you will find ways to get it today. **Taurus April 21-May 21** What

yesterday seemed so vague will become crystal clear today.

II Gemini May 22-June 21 What happens today may look like

bad news but this particular cloud has a huge silver lining. Gancer June 22-July 22 If you

tus quo today that's a good sign. Be a catalyst for change. Ω Leo July 23-Aug.23 Stand up and

find yourself at odds with the sta-

speak up for what you believe in. The more others try to shout you down the more you know they have something to hide.

W Virgo Aug. 24- Sept. 22 If you feel in need of a break now is a good time to start making plans. Libra Sept. 23-Oct. 23 You want nothing more than to be left

alone with your thoughts. M Scorpio Oct. 24-Nov. 22 Some of the things you have to say today won't go down too well.

₹ Sagittarius Nov. 23-Dec. 21 Be secretive about your plans. You

For today's crossword answers and for expanded horoscopes, ao to metronews.ca

can be too chatty sometimes.

り Capricorn Dec. 22-Jan. 20 Any doubts about what you are doing will disappear over the next

Aquarius Jan. 21-Feb. 18 A Venus-Mercury conjunction will help you say the right things to e you love.

H Pisces Feb. 19-March 20. You have become a bit too predictable of late and need to do something to remind people that you are not to be taken for granted. Think about it. SALLY BROMPTON

Caption contest



You write it!

Write a funny caption for the image above and send it to plav@metronews.ca the winning caption will be published in tomorrow's Metro.

KISS & TELL WITH METRO KISS

Tell your friends, family or that secret crush just how you feel with a Metro Kiss... then share it with the world through Facebook and Twitter.

All kisses will appear online and a selection will appear in print too!

Visit **metronews.ca** daily to see who loves whom, or...who loves you!





